



RCIY PROJECT WORKSHOP SERIES:

SUMMARIES

(12-16 years old)



CENTRE DE SANTÉ COMMUNAUTAIRE
BLACK CREEK
COMMUNITY HEALTH CENTRE



Public Safety
Canada

Sécurité publique
Canada

1. Introduction

This workshop will introduce the RCIY Project, the structure of the workshops, along with the rules and expectations and extra supports and resources, get acquainted with one another.

2. Who am I?

This workshop discusses the present self, the different influences that shape self and how to recognize awareness of self in different situations. The participant will be able to learn strategies of eliminating self-judgement, recognize triggers that affect being true to themselves, and developing a consistent self-concept to progress towards self-actualization.

3. Gun violence

This workshop aims to discuss the concept of gun violence, and the trends surrounding gun violence within the city of Toronto and the direct impact on communities and families.

4. Gangs & Retaliation

This workshop discusses the components of gangs, gang involvement and its impact on individuals, family and community. The participant will be able to recognize aspects of how gangs form, the perpetuating cycle of gang violence and how to avoid, mitigate and positively respond to conflict.

workshops



reclaiming our communities
investing in our youth

RCIY PROJECT WORKSHOP SERIES:

SUMMARIES CONT'D



CENTRE DE SANTÉ COMMUNAUTAIRE
BLACK CREEK
COMMUNITY HEALTH CENTRE



Public Safety
Canada

Sécurité publique
Canada

(12-16 years old)

5-7. Building healthy relationships with family (parts 1-3)

This workshop discusses the components of gangs, gang involvement and its impact on individuals, family and community. The participant will be able to recognize aspects of how gangs form, the perpetuating cycle of gang violence and how to avoid, mitigate and positively respond to conflict.

8-9. Social Contract - Peers, Public & Authority (parts 1 & 2)

This workshop discusses social contracts and their role in personal relationships and everyday situations. There will be a focus on authority figures (e.g. police enforcement) and how personal reactions can influence interactions. The participant will be able to learn about what a social contract is, how it impacts a social setting, and how to be aware of his (her) own behaviour.

10. Financial Literacy*

This workshop discusses the importance of money management during teenage and adult life, and how to build wealth and general financial literacy. The participant will be able to take ownership and responsibly for their personal finances, set reasonable financial goals and build good financial habits for the future.

*Potential Guest Speaker available

Workshops



reclaiming our communities
investing in our youth

RCIY PROJECT WORKSHOP SERIES:

SUMMARIES CONT'D

(12-16 years old)



CENTRE DE SANTÉ COMMUNAUTAIRE
BLACK CREEK
COMMUNITY HEALTH CENTRE



Public Safety
Canada

Sécurité publique
Canada

11. Who do I want to become?

This workshop builds from the first workshop in envisioning the future self and what is required to fulfill that self. The participant will be able to establish steps (short- and long-term) of the traits and skills required to grow towards a self-actualized being.

12. The Comprehensive Wrap-Up

This final workshop of the series will reflect on the past 11 workshops to discuss and evaluate potential progress of self and others. Resources and supports will be provided to help with transition post-workshop series.

Workshops

***Potential Guest Speaker available**

If there are specific topics specific to your institution/organization not listed above, please contact Ms. Eboni at 437-980-1949 to discuss how best to support your requests.